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Members of the Montauk Fire Department at the 2013 North American Vehicle Rescue Challenge, in front of two of the 25 vehicles provided by Gershow

Gershow Donates Use of 25 Vehicles for 2013 North American Vehicle Rescue Challenge

Gershow Recycling donated the use of 25 vehicles that were used in the 2013 North American Vehicle Rescue Challenge, which took place on the training grounds of the Hagerman Fire Department in East Patchogue on September 13-14, 2013.

Fifteen teams from Long Island, upstate New York, Illinois, Canada and Sweden took part in the two-day competition. The top five overall winners were:

- Ottawa, Ontario, Canada *
- West Coast Rescue Team, Skaraborg, Sweden
- Burlington, Ontario, Canada *
- Halifax, Nova Scotia, Canada *
- Montauk Fire Department
- * Indicates Overall North American Regional Winners

Each team participated in three challenge pits: Limited Pit (where only hand and pneumatic tools are used), Unlimited Pit and Rapid Pit (in both pits, all rescue tools are available, including heavy hydraulic rescue equipment). Those who competed in

the Limited and Unlimited Pit had 20 minutes to extricate a "victim" from a "crash," while Rapid Pit participants only had 10 minutes to safely perform the extrication. All teams were judged based on the command structure, hazard and scene control, patient and rescuer safety and techniques used to disentangle the patient.



Pictured (I-r): Carl Fargione, Louis Valentino and Tommy Dunham with members of the West Coast Rescue Team of Skaraborg, Sweden.



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Long Island area residents only - including Nassau, Suffolk, Queens and Brooklyn

IN THIS ISSUE

In the Community	
Spotlight on Safety	
What to Do with Those Broken	
or Unwanted Holiday Lights?7	
Recycling and Conservation Tips for Earth Day	

Gershow Donates \$2,000 for Play for Peace Soccer Tournament

Gershow Recycling sponsored and donated \$2,000 to help defray the costs of putting on the fifth annual Play for Peace/*Jugando Por La Paz* Soccer Tournament, which was held August 10, 2013 at the Patchogue-Medford Youth Soccer Complex in Medford.

Approximately 500 spectators came to this free event. Twelve teams — eight men's teams and four women's teams — participated in the tournament. In the men's division, PBA was the Division 1 Winner. PMCT (also known as the North Bellport Athletic Association Blasters) won Division 2, then went on to defeat PBA in the championship match. The winner in the Women's Division went to Port Jeff Sporting Goods.

Play For Peace seeks to bring together diverse nationalities within the community for a full day of World Cup-style soccer and to use sports as a way for people from different ethnic backgrounds to find common ground. This year's tournament was organized by the Office of Suffolk County Legislator Robert Calarco.

"Gershow Recycling is pleased again to support this year's

'Play for Peace.' We salute former Legislator Eddington for establishing this event and Legislator Calarco for continuing it, as an effort to bring members of our diverse communities together and build understanding through sports," said Gershow President Kevin Gershowitz.



Pictured (left to right): Gershow Manager Jonathan Abrams, Robert Calarco, Pastor Jerry Bonfiglio, Gail Shafer, and Paul Bressler.

Company Representatives and Their Families Take Part in the Polar Plunge to Benefit Special Olympics New York

Members of Gershow Recycling and their families participated in the 4th Annual Town of Brookhaven Polar Plunge, which took place on November 23, 2013 at Cedar Beach in Mount Sinai. Gershow was also one of the sponsors at the event and also provided doughnuts and hot chocolate for the participants.

The Polar Plunge is an annual event that helps raise money for special-needs athletes who take part in Special Olympics New York. Sponsors and community members jump in the Long Island Sound during the cold months to show support for the organization. This year, Gershow donated \$500 to sponsor Lori Sindone, whose father, Louis, is a longtime Gershow employee. Lori has been competing in the Special Olympics for several years.

Gershow Vice President Joe Bertuccio has been raising money towards the Polar Plunge for the past few years along with his daughter, Danielle Bertuccio Chasse, a teacher who works with special-needs children. This year, Ms. Bertuccio Chasse — along with other family members of Gershow employees — took the plunge.

Special Olympics New York is a nonprofit organization that has more than 60,000 athletes training and competing year-round in 22 Olympics-style sports. Athletes and their family members or caregivers are never charged to participate.



Pictured (front row, left to right): Daniel Colon, Christopher Colon, Andrew Abrams. Second row (I-r): Raymond Colon, JoJo Bertuccio, Danielle Bertuccio. Third row (I-r): Nicole LaRocco, Michelle Bertuccio, Janine Colon, Ray Colon, DeeJay Chasse, Andrea Dunn. Back row: Peter Bertuccio, Christina Rogers, Jonathan Abrams and Mike Donohue.

Gershow Recycling Supports Islip High School Catapult Team

Gershow Recycling generously donated materials to the Islip High School catapult team so they could make improvements on their catapult, named the "Jack-O-Splatter."

Gershow supplied the team with much-needed replacement parts such as a steel rod and metal bearings to help launch the pumpkins further and more accurately.

The team won its division at the Last Fling Pumpkin & Football Sling in Warren County, New Jersey on October 19-20, 2013 with a distance of 983 feet. On October 26, 2013, the team placed third at the annual Pumpkin Fling, which took place at the Suffolk County Farm and Educational Center in Yaphank. The team then headed off to the Punkin Chunkin World Championships on November 1-3, 2013 in Bridgeville, Delaware, where they placed third in the Youth Human Powered category.

In 2009, Gershow donated scrap iron to the team to help them build and reinforce the trailer for the "Jack-O-Splatter." Since they do not have a budget within the school district, the team relies on donations from local businesses and people in the community.

In addition, Gershow donated windbreakers and hardhats to the team members. The Islip High School catapult team thanked Gershow for its sponsorship and its donation.



Top row: Daniel Angileri, James Claudio and Mike Barsalona. Center row (holding banner): Dylan Lima and Steven Walis. Bottom row: Gershow Manager Jonathan Abrams, Mike Melaniff, Michael Maratta and Ken Phalen. Missing: Robert Phalen.

Gershow Recycling Expands Scholarship Program to Riverhead High School

Once again, Gershow Recycling is expanding its scholarship program, this time to Riverhead High School, providing more one-time, \$1,000 scholarships to graduating seniors from Long Island and the metropolitan New York area. The program is now available to all local school districts in which Gershow's facilities are located.

For the past 10 years, Gershow has offered a one-time, \$1,000 scholarship to a graduating senior from Patchogue-Medford High School, Bellport High School and Longwood High School. Last year, the company extended that opportunity for graduating seniors from the following high schools: Bay Shore High School, Walt Whitman High School in South Huntington, Lindenhurst High School, Valley Stream Central High School, Freeport High School, Herricks High School in New Hyde Park and Frederick Douglass Academy VII in Brooklyn.

Students must pursue a degree in engineering or environmental sciences when entering college in order to be eligible for the scholarship. Those who wish to apply must contact their respective guidance departments.

In marking the tenth consecutive year of making the scholarship available, Kevin Gershowitz, Gershow Recycling President, said "Since 1964, Gershow Recycling has been leading the way in preserving Long Island's environment. This scholarship reflects our company's goals of environmental conservation and the need to encourage the pursuit of advanced degrees to enhance our region's and nation's competitiveness," said Kevin Gershowitz, president of Gershow Recycling.

WWW.GERSHOW.COM WINTER/SPRING 2014 3

Gershow Recycling Donates Aluminum Scrap to Local High School Robotics Teams

On January 18, Gershow Recycling invited local high school robotics teams to its Medford facility to receive free aluminum scrap to help construct their robots to be used at School-Business Partnerships of Long Island's *FIRST* (For Inspiration and Recognition of Science and Technology) Robotics Competition. Eight teams took advantage of the program and visited Gershow that day: Half Hollow Hills West, Hauppauge, Longwood, North Shore, Northport, Plainview-Old Bethpage, Sachem and Westhampton Beach.

Members of the robotics teams used the aluminum scrap and their kits of parts to help them build a 120-pound robot. They had six weeks to construct the robot and prepare for the competition. The robotics teams thanked Gershow for its support.



Pictured (left to right): Half Hollow Hills West High School Robotics Team Mentors Julian Aptowitz, Bob Thielemann and Yuri Wolf-Sonkin, Team Member Tom LaRosa and Gershow Manager Jonathan Abrams.



Pictured (left to right): Ashley Petersen and her father, Westhampton Beach High School Robotics Team Mentor Eric Petersen; Michelle Kryl; Gershow Manager Jonathan Abrams; and Michelle's father, Westhampton Beach High School Robotics Team Mentor Tony Kryl.



Pictured (left to right): Hauppauge High School Robotics Team Members James Spinaris, Brenna Buckley and Dennis Collins, Mentor Ken Smith and Gershow Manager Jonathan Abrams.



Pictured (left to right): North Shore High School Mentor Steve Peroni and Gershow Manager Jonathan Abrams.



Pictured (left to right): Longwood High School Robotics Team Mentor Dan Rieckhoff and Gershow Manager Jonathan Abrams.



Pictured (left to right): Sachem High School Robotics Team Mentor Bob Wentzel, Gershow Manager Jonathan Abrams and Sachem High School Robotics Team Member Bryan Mahony.



Pictured (left to right): Northport High School Robotics Team Advisors Greg Robinson and Dan Moy, Mentor Andrew Hearn and Gershow Manager Jonathan Abrams.



Pictured (left to right): Plainview-Old Bethpage High School Robotics Team Members John Michael and Michael Saltzmann and Gershow Manager Jonathan Abrams.

Make a Fashion Statement at Work — Wear Protective Gear

Each year, more than 4.1 million serious workplace injuries occur and each day, more than 12 workers die on the job, according to the United States Department of Labor. Therefore, it is crucial to take precautions by wearing the proper clothing, gear and footwear while in the workplace, especially if you are working amongst hazardous conditions.

Some essential safety wear includes gloves, glasses, boots, ear plugs, hats, and jackets that should be worn in industrial settings, whether it is handling heavy machinery or dangerous chemicals. Wearing the correct gear can be a matter of life and death for many workers. Below is a list of protective clothing items and why they are necessary:



Helmets/hats — These should be worn when working with large equipment, working at high altitudes outside, or even around moving objects. A bolt, rivet or tool can hit an employee's head, which can result in permanent impairment or possibly death if the head is not properly covered.



Safety glasses — Eyes can be damaged from dust, flying particles, broken metal or chemical splashes. Failure to wear protective eyewear may result in permanent loss of sight. Remember to wear a good pair that fully covers both of your eyes when working with chemicals, power equipment, and around machines.



Safety boots — Workers who work outdoors with heavy industrial equipment or indoor areas where sharp objects might have fallen on the ground are advised to invest in rubber boots, or metal toe-cap boots that fully protect the soles of the feet and toes in case of a fall or an accidental drop of a product or tool.



Gloves — Hand injuries are very common, mostly from chemicals, burns, electrical currents and dropped tools. Workers should have them on at all times in case of an accident to prevent burns, bruises, scrapes, electrical shock and even broken bones.



Earplugs — If you constantly work around loud machinery and/or noisy equipment, earplugs are a must. Leaving your ears exposed to continuous loud noises will cause hearing damage or hearing loss. Plugs may also help with preventing tinnitus, which is the constant ringing of the ears.



Jackets — Always make sure to wear the proper jacket to prevent scrapes, burns, and bruises that could result from an accident with a machine or power tool. In addition, jackets are crucial if you work outside during the winter months when frostbite is a concern.



Vests — Wearing vests when working outside makes you visible to others who may not otherwise see you, thereby avoiding on-the-job injuries and death. For those who work at night, be sure to wear vests with reflective material. That way, when a light shines on you, you can be seen. Reflective clothing approved by ANSI (American National Standards Institute) is highly recommended.

According to the Bureau of Labor Statistics, there were 4,383 fatal work injuries in 2012 — most of them as a result of not wearing proper safety gear. Although injuries are down 25% since 2006, it is still imperative to wear the proper safety gear in the workplace. By wearing protective clothing, you are making a fashion statement, which says: "I choose to be safe."



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Gershow Recycling Supports Local Community Building Efforts at "National Night Out" Event



Pictured (I-r): Ken Donin, Joseph Scannell, Laura Curran, Dave Denenberg, Gershow Manager Jonathan Abrams, Gershow Vice President of Special Projects Steven Rossetti,
Lisa Daniels and Kevan Abrahams.

Gershow Recycling sponsored and participated in the 30th annual National Night Out event on August 6, 2013 at Cow Meadow Park in Freeport. Those who came by Gershow's table learned how to recycle their unwanted scrap metal. They also received literature on the company, recyclable shopping bags, hats and magnetic key chains.

National Night Out is a unique crime and drug prevention event sponsored by the National Association of Town Watch. It is designed to heighten crime and drug prevention awareness; generate support for and participation in local anti-crime programs; strengthen neighborhood spirit and police/community partnerships; and send a message to the criminals, letting them know that neighborhoods are organized and fighting back.

Glory House Recovery, Inc. Receives \$700 Donation from Gershow for Holiday of Giving & Information Expo



Pictured (left to right): Kevan Abrahams, Terenna Williams and Gershow Manager Jonathan Abrams.

In support of the local community, Gershow Recycling presented a check in the amount of \$700 to Glory House Recovery, Inc. The donation was used to help purchase hundreds of toys that were given out to the children in the community at the organization's fourth annual Holiday of Giving & Information Expo on December 14, 2013 at Kennedy Memorial Park in Hempstead.

The Holiday of Giving & Information Expo provided holiday joy and entertainment to families in the communities. The event was co-hosted by Glory House Recovery, Inc. and The Office of Nassau County Legislator Kevan Abrahams. Both Legislator Abrahams and Glory House Recovery thanked Gershow for its generous donation and continuing support of the community.

What to Do with The Bring Your Unit When the holidays are of you do with those lights the Gershow Recycling is remained holiday lighting to any of Valley Stream, Huntingto

What to Do with Those Broken or Unwanted Holiday Lights? Bring Your Unwanted Holiday Lighting to Gershow

When the holidays are over, that is the time to take down the lights. But what should you do with those lights that no longer work properly or have outlived their usefulness? Gershow Recycling is reminding people to bring their broken, unwanted or outdated holiday lighting to any of their nine locations: Brooklyn, New Hyde Park, Freeport, Valley Stream, Huntington Station, Lindenhurst, Bay Shore, Medford and Riverhead.

Recycling and Conservation Tips for Earth Day



With Earth Day approaching on April 22, it's important to realize the need to keep our world clean. Of the 220 million tons of waste generated each year in the United States, more than half ends up in one of the over 3,500 landfills, according to the Environmental Protection Agency (EPA). Whether you chose to reduce your carbon footprint, participate in a mass cleanup in your town, or simply recycle, taking action to preserve the earth is essential.

One way to help keep the earth clean—and get money doing it—is to recycle unwanted scrap metal. Recycling scrap metal reduces greenhouse gas emissions and even uses less energy than creating new metal, according to the Institute of Scrap Metal Recycling Industries, Inc. (ISRI).

Thanks to greater public knowledge, as well as public and private efforts, Americans have been recycling more and

more. According to ISRI, the recycling industry transforms 150 million metric tons of obsolete materials a year into useful raw materials. This includes 75 million metric tons of iron and steel (which are ferrous metals), and 9.5 million metric tons of non-ferrous metals, including aluminum, copper, lead, nickel, light iron, zinc and other metals.

Not only does recycling help the environment with reducing greenhouse emissions and conserving energy, but it helps the economy as well. Recycling is a \$90 billion industry that employs more than 137,000 people nationwide, ISRI says. Further, the U.S. exports \$28 billion in scrap metal products to more than 160 countries around the world.

There are other ways to make a difference for the environment. One way is to start a cleanup or curbside recycling program in your neighborhood by collecting unwanted bottles, papers, cans, and glass and bring them to local recycling centers. When running errands, be sure to complete them in the same trip rather than going home and running back out again. If where you need to go is within walking distance, leave the car home.

Also, when going to the store, use cloth shopping bags rather than plastic ones. Plastic bags harm the environment because they are non-biodegradable. The Clean Air Council found that Americans use 102.1 billion plastic bags each year which later took up space in landfills. In fact, it takes thousands of years before plastic bags turn into small particles, according to the EPA.

This Earth Day, make a change in your community by recycling. It preserves the environment and its natural resources for future generations. Be sure to make Earth Day a good day!

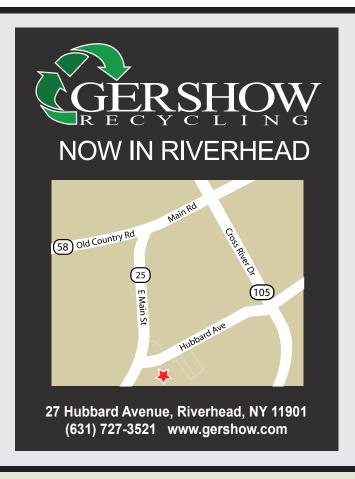
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